

AROHANA SPA

a sanctuary for relaxation & well-being

Arohana Spa is a peaceful retreat designed to restore balance and relaxation through professional touch and calming ambiance. Our treatments are inspired by traditional Balinese techniques and tailored for individual wellness.

SIGNATURE MASSAGE

Arohana Signature Massage

60 minutes | IDR 700.000

90 minutes | IDR 900.000

A signature full-body massage combining traditional Balinese techniques with flowing movements.

Aromatherapy Relaxation Massage

60 minutes | IDR 700.000

90 minutes | IDR 1.200.000

A gentle massage using essential oils to calm the mind and relax the body.

Deep Tissue Massage

60 minutes | IDR 700.000

90 minutes | IDR 900.000

A firm-pressure massage to release deep muscle tension and restore physical comfort.

Hot Stone Massage

90 minutes | IDR 1.200.000

Warm volcanic stones release muscle tension by delivering gentle heat deep into the muscles, improving circulation and allowing the body to fully relax.

BODY TREATMENT

Balinese Body Scrub

60 minutes | IDR 700.000

Traditional exfoliation gently removes dead skin cells to cleanse and smooth the skin, helping restore its natural softness, radiance, and vitality.

Body Wrap Rejuvenation

60 minutes | IDR 850.000

A special nourishing body wrap to deeply hydrate and calm sun-burned skin. While your body is wrapped, enjoy an indulgent hair and face mask treatment, leaving the skin soft, refreshed, and revitalized.

Pregnancy Massage

60 minutes | IDR 700.000

90 minutes | IDR 950.000

A soothing massage specially designed for expectant mothers to ease common pregnancy discomforts while supporting relaxation and overall well-being. Available from the 4th month of pregnancy.

FACIAL TREATMENT

Natural Glow Facial

60 minutes | IDR 600.000

A refreshing facial treatment that cleanses and hydrates the skin while restoring its natural radiance and healthy glow.

FOOT AND HAND CARE

Foot Reflexology

60 minutes | IDR 600.000

90 minutes | IDR 800.000

Therapeutic foot massage focusing on reflex points to relieve tension and restore balance.

SPA AND PACKAGES

Relax & Restore Package

IDR 950.000

Aromatherapy Massage (60 minutes)

Foot Reflexology (30 minutes)

Combining soothing massage and revitalizing foot reflexology to gently ease muscle tension, and leave the body feeling fully relaxed and deeply refreshed.

Arohana Wellness Journey

IDR 1.500.000

Arohana Signature Massage (90 minutes)

Balinese Body Scrub (60 minutes)

Combining a relaxing massage and body scrub to ease tension, smooth the skin, and leave the body feeling refreshed and revitalized.

ENHANCEMENTS

ADDS-ON

Flower Bath | IDR 250.000

Hot Stone Upgrade | IDR 120.000

Herbal Tea Ritual | IDR 250.000

RESERVATION

Reservations must be made through your personal butler. We kindly recommend scheduling your spa appointments in advance to ensure availability and secure your preferred time.

CANCELLATION POLICY

Should you wish to cancel or reschedule an appointment, we kindly request a minimum of four hours' notice. Cancellations made within less than 4 hours will incur a charge of 50% of the scheduled treatment price as part of our cancellation policy.

PRIOR TO THE SERVICE

Prior to your treatment, we encourage you to inform our therapist of any specific areas you would like to focus on or avoid, as well as your preferred pressure level. Please also advise us of any health conditions or special concerns to ensure a safe and personalized experience.

OPERATIONAL HOURS

Arohana Spa is open daily from Monday to Sunday - 9.00 AM to 9.00 PM, offering a serene escape throughout the day.

INFORMATION & INQUIRY

For further information about our spa services, reservations, or to share your feedback, please feel free to contact us through the details below. Our team will be delighted to assist you.

Ayatara Resort Ubud

Banjar Mawang, Desa Kerta, Kec. Payangan, Kab. Gianyar, Bali 80561, Indonesia

T: (+62) 858 8282 7272

E: info@ayatararesort.com

Front Office: Press "0"

SIGNATURE MASSAGE

Arohana Signature Massage

60 minutes | IDR 700.000

90 minutes | IDR 900.000

A signature full-body massage combining traditional Balinese techniques with flowing movements.

Aromatherapy Relaxation Massage

60 minutes | IDR 700.000

90 minutes | IDR 1.200.000

A gentle massage using essential oils to calm the mind and relax the body.

Deep Tissue Massage

60 minutes | IDR 700.000

90 minutes | IDR 850.000

A firm-pressure massage to release deep muscle tension and restore physical comfort.

Hot Stone Massage

90 minutes | IDR 1.200.000

Warm volcanic stones to ease muscle tension and promote deep, full-body relaxation.

BODY TREATMENT

Balinese Body Scrub

60 minutes | IDR 700.000

Traditional exfoliation to cleanse and smooth the skin, restoring its natural softness and vitality.

Body Wrap Rejuvenation

60 minutes | IDR 650.000

nourishing body wrap designed to deeply hydrate the skin and support natural revitalization.

Pregnancy Massage

60 minutes | IDR 700.000

90 minutes | IDR 950.000

A soothing massage specially designed for expectant mothers to ease common pregnancy discomforts while supporting relaxation and overall well-being. Available from the 4th month of pregnancy.

FACIAL TREATMENT

Natural Glow Facial

60 minutes | IDR 600.000

Refreshing facial to cleanse, hydrate, and restore skin radiance.

FOOT & HAND CARE

Foot Reflexology

60 minutes | IDR 600.000

90 minutes | IDR 800.000

Therapeutic foot massage focusing on reflex points to relieve tension and restore balance.

SPA & PACKAGES

Relax & Restore Package

Aromatherapy Massage (60 minutes)

Foot Reflexology (30 minutes)

IDR 950.000

Arohana Wellness Journey

Arohana Signature Massage (90 minutes)

Balinese Body Scrub (60 minutes)

IDR 1.500.000

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Therapeutic foot massage focusing on reflex points to relieve tension and restore balance.

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Arohana Wellness Journey

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SPA AND PACKAGES

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